

## SHARING PLATTERS / STREET FOOD / BOWLS

AT HOME SERVICE OR DELIVERY OPTION - MINIMUM ORDER APPLIES – PLS ASK FOR PRICES & DETAILS  
VEGGIE & VEGAN, GF & DF OPTIONS AVAILABLE – INFORM US OF ANY ALLERGIES BEFORE ORDERING

### SHARING PLATTERS – SMALL OR LARGE

**Mediterranean Meze style platter** > Haloumi, Houmous, tzatzíki, crudités, olives, pitta > Roast chicken or slow cooked lamb, Falafel, Dolmas, roast med veg, aubergine & pomegranate molasses, couscous > mini apricot tarts with crème fraiche or ice cream

**Asian style ‘Street Food’ platter** Miso soup > Spring rolls/summer rolls, vegetable/prawn tempura or Bahjis > Crispy morsels of chicken/duck/confit duck/salmon/tofu/tempeh with teryaki sauce, rice balls, noodle pots, asparagus, mange tout, broccoli with sesame and ginger > mini green tea and dark chocolate cakes

**South American style ‘Street Food’ platter** > nachos with sour cream, melted cheese, avocados & padron peppers > Chili con/sin carne (V & VG), refried beans, tortillas, rice, sweetcorn salsa, crème fraiche, avocado, salad > mini chocolate brownies & mini ice creams

**Tacos style platter** > sweetcorn fritters with chili sauce> Slow cooked belly pork/Jackfruit, spicy apple sauce, home pickled cabbage, kimchi, rice, tacos > mini lemon mousse shots & mini dark choc shots

### BUDDHA BOWLS – COLD & HOT / INDIVIDUAL OR SHARING SIZE

**Fish Buddha bowl** > salmon/tuna/mackerel (raw or seared), kale, minted yoghurt, broad beans, peas, grilled baby lettuce, rice/brown rice/quinoa

**Microbiome Buddha bowl** > salmon/mackerel/poached egg/tempeh, rice, kale, grilled artichokes, black garlic, kimchi

**Spicy Buddha bowl** > Salade de poulet rôti (ou tofu fune) , légumes et salade de saison crus, Quinoa noir, sauce piquant

**Warm Buddha bowl** > cauliflower and coconut curry, walnut & shiitake parcel, slow cooked red cabbage, orange & fennel, spicy roast carrots, lentils/rice/quinoa

**Mèze Buddha bowl** > falafel, tahini dressing, beetroot humous, olives, courgetti, roast carrots, mint, green salad

**Noodle Buddha bowl** > poulet/tofu/salmon, teriyaki sauce, noodles (rice noodles, udon, egg noodles), pak choi, asparagus, mange tout, broccoli, sesame, pickled ginger

